# Using Gratitude to Elevate the Human Experience

September 5, 2024



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- Chat: for sharing of ideas, interacting with speakers and attendees; not for promoting services and products. Make sure you choose 'Everyone' in the dropdown in the chat box.
- Q&A: for submitting questions to review at the end of the webinar
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# Our Speakers



Tracey Benson
Service Excellence Specialist
Southcoast Health



Yinka Oluwole, CPXP
Executive Director, Service
Excellence & Patient Experience
Southcoast Health

# + Using Gratitude to Elevate the Human Experience

Yinka Oluwole, CPXP | Executive Director, Service Excellence & Patient Experience Tracey Benson | Service Excellence Specialist, , Service Excellence & Patient Experience



## Disclosures

We have no relevant financial relationships to disclose, and we do not intend to discuss off-label/investigative use of a commercial interest drug/product/device.





## **Learning Objectives**





Align rewards and recognition to performance metrics and service behaviors.



Nurture a culture of ownership and accountability across the health system.



Recognize and delight our caregivers for providing exceptional service and care.





## **About Southcoast Health**

- + Founded in 1996 through merger of three hospitals
- + Largest employer in the South Coast, 7,500+ employees





**Providing** 



Serving





PROVIDING
787
LICENSED BEDS











## About Southcoast Health at a Glance



#### At a glance













1 Visiting Nurses Association





At Southcoast Health, we deliver More every day. We pursue our Mission with passion while we fulfill our Promise to our patients, community and colleagues. We do all of this as a team, with a shared Vision guided by our core Values, because we genuinely care about you, your health, your wellness and your quality of life.

#### Our Promise to Our Patients & Our Community

Exceptional Care from People Who Care.

#### Our Mission

Provide clinical excellence and a uniquely caring experience to every life we touch.

#### Our Vision

Be bold. Be the best.

Be the leader in delivering exceptional, accessible, and convenient care and service.

#### Our Promise to Our Employees & Each Other

The strength of Southcoast Health comes from our people. As a united team of caregivers, we fulfill our promise to "deliver exceptional care from people who care".

We are welcoming, inclusive and treat all individuals with respect, dignity, and integrity.

We passionately nurture the well-being of our community, and we are dedicated to professional and personal development in pursuit of excellence.

At Southcoast Health we are all caregivers. We are More than medicine.

#### Our Values

I am proud to be Southcoast!

- I establish trusting partnerships with patients, their families, and my colleagues to create meaningful, long-lasting relationships.
- I am empowered to confidently make decisions and create an exceptional experience for everyone.
- I proactively and genuinely Smile, Really listen, Stay a step ahead, Walk in their shoes and Show TLC with patients, their families and my colleagues.
- I see challenges as opportunities, and take ownership of identifying and executing solutions.
- I am an important, contributing member of a team that is caring, respectful, dedicated and inclusive.
- I maintain a growth mindset and continuously embrace opportunities to learn and develop.
- I add value and make a positive difference each day.

I choose to be More than medicine!



## The Southcoast Health Gratitude Report

The Gratitude Report is a part of our Grateful Patient Program, utilizing positive feedback, comments, and stories from patients to honor caregivers who exemplify our values and service behaviors.



The Gratitude Report is a quarterly publication that features the names of caregivers recognized by patients and is distributed throughout our health system every three months.







## The Southcoast Health Gratitude Report



"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

Maya Angelou



### The Enhanced Model of More

### Service Behaviors







SMILE

REALLY LISTEN





### **Our Promise**

Exceptional Care from People Who Care.



### Vision

Be bold. Be the best.

Be the leader in delivering exceptional, accessible, and convenient care and service.

At Southcoast Health, we do More every day to fulfill our Promise Embracing the "Model of More," underscores our commitment to enriching lives beyond medicine.

At Southcoast Health we are all caregivers.



#### gratitude

[ gradə t(y)ood ] noun the quality of being thankful; readiness to show appreciation for and to return kindness.

# Using The Voice of the Patient

Exceptional Care from People Who Care.



## The Voice of the Patient

**Exceptional Care from People Who Care.** 



These caregivers embody what it means to be More than medicine.

Hannah went over all my test results with me. She is **very compassionate** and **knowledgeable.** I **would recommend** her to anyone.

Lisa is always right on top of any issues I present with. She listens carefully and is always empathetic. She notices my improvements and it's clear that she genuinely cares about me and my wellbeing. I feel fortunate to have her as one of my providers

REAL PATIENT COMMENTS



## The Voice of the Patient

**Exceptional Care from People Who Care.** 



What gets measured gets done,
What gets measured and fed back
gets done well,
What gets rewarded gets repeated"

I choose to be More than medicine.

- John E. Jones





How does your Health System use positive patient and family feedback?







## The Journey to Excellence – Sharing Compliments

#### **Making Recognition Systemwide**

Wow Moments/Stories were typically shared within the individual care settings or departments.

#### **Process Improvement**

Our initial attempt didn't quite hit the mark.

#### What's in it for Me (WIIFM)

During PX Week 2023 we introduced the Service Behavior Charms







## The Southcoast Health Gratitude Report – Service Behavior Charms















# Comments aligned to Service Behaviors

After each visit, our patients receive a Patient Satisfaction Survey. The survey allows patients to provide us with any and all feedback, comments, stories, and the opportunity to recognize those who did More! The names listed on this report have all been mentioned in a survey comment from January-March. We thank you for providing More than medicine as YOU have earned our patients trust when handling their care.



#### Service Center: Stephanie Zaccheus

"My son was scheduled for a procedure today and the only reason he was able to receive that today instead of rescheduling was the outstanding work from Stephanie. She went above and beyond advocating for a patient with the insurance company. She was in constant communication with myself and the insurance company waiting for an approval... Stephanie's professionalism and confidence was customer service I've never seen!"



#### St. Luke's Hospital's Interventional Radiology: Brett Quick

"Brett Q. and the rest of the team were exceptional. They went above and beyond to **listen to my concerns**, **explain what would and was happening** and put me at ease when I was anxious. I was extremely nervous coming into my procedure today and I could not have asked for a better team."



#### Swansea Laboratory: Elizabeth Read

"They **introduced themselves** and were so **personable**. Her name was Liz and she was a ray of sunshine. Made it a great experience."



#### Borden Medical: Thelma Carreiro

"...All the staff are courteous and friendly. My MA, Thelma, treated me with respect and has the best smile..."



#### St. Luke's Hospital Public Safety: Sarah Rainville

"Sarah came to assist us with getting the patient situated with SI precautions and several of the nurses and CNAs who were dealing with the situation all agreed how great she handled everything. Sarah was professional, calm, kind, and compassionate..."

## Gratitude Reports



After each visit, our patients receive a Patient Satisfaction Survey. The survey allows patients to provide us with any and all feedback, comments, stories, and the opportunity to recognize those who did More! The names listed on this report have all been mentioned in a survey comment from October-December. We thank you for providing More than medicine as YOU have earned our patients trust when handling their care.

- Tobey Hospital's Radiology Department -John Mirotta "X-ray technician, John was pleasant, professional, explained the
  - procedure and took the time to listen and write down the reason I was getting my x-ray."
- Patient Financial Services Michelle Medeiros "I'm so thankful for all the help I got at the Hospital. Sometimes filling out insurance papers can be so overwhelming. Everyone in the office were sweet and so helpful, Michelle went above my expectations and she was amazing. Thank you St Luke's for offering this service and thank you to the staff for helping!"
- Fall River Cardiology Ashley Oliveira, Ariel Rodrigues Grant "Ariel who checked us in was absolutely amazing. Very warm and

friendly greeting and very professional. She was a joy to chat with during our check in. She made check in a breaze with a smile. Our nurse Ashley was Excellent! She was super nice and made us feel comfortable from the start. Very helpful and caringl Always a great experience with her every time we have an appointment."

- Charlton Memorial Hospital's Emergency Department - Anna Pacheco
- "I was in the ED for approximately 6 hours and the entire time I was there, every single patient was treated with respect, kindness and courtesy."
- St. Luke's Hospital's Pediatrics Unit -Kimberly Pizzi, Jenna Michaud

"We ended up getting admitted overnight, in which Kim and Jenna were the nurses and they helped me remain calm and created a welcoming experience...I was SO happy with our visit to the Pediatric Department. I hope it's my last, but knowing the staff there makes me feet last appleas if I wore to own return !

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#### FY24 1" Quarter

#### The Gratitude Report

#### Behavioral Health Cory Costa

#### Swansea Karen Lacey\* Westport

**Business Center** Service Center Brandy Peraza'

Carla Sims\* Elaine Boulos\* May Desmochers\*

Cardiology Cardiac Pulmonary Rehab.

Cardiology - Fairhaven Hayley Bissonnette

Janelle Bretal Cardiology - Middletown

Christina Couret-Wulf Jessica Rheaume\* Cardiology - North

Courtney Johnson Teresa Limell Cardiology - Providence

Cardiology - Rosebrook

Shemi Correia Truesdale Cardiology Alvson Awadie

Truesdale Cardiovascular Imaging Anita Johnson

Ashleigh Vargas Collin Plaud Donna White Lindsey Gamache Lucy Pimentel\* Mackenzie Desa\* Manuela Camelo Melissa Moniz

Charlton Memorial Administration- Nursing Ana Jusseaume\*

Arrhythmia Clinic

Atwood 2 Unit Bonnie Sage Jessica Plissey\* IIII Dos Reis Joshua Enos Kimberly Page Michelle Richard

Rachel Chuckran\* Atwood 3 Unit Ashley Furtado Bryan Cleary

Haley Ramer Heather Ealy Kristen Medeiro Madeline Su Maria Medeiros Maria Neto

Tina Morin Atwood 4 Unit Kelsey Pavao Atwood 5 Unit Diane Daponte

Marica Reauvais Andrew Bernardo Derek Poitras

Caitlin McCann\* Jessica Medeiros Kaylynn Debarros Leslie Ellinwood\* Norma Medeiros

**Emergency Department** 

Alexandra Debonis Alexis Plante Alison Robinson Amanda Lussier Anna Pacheco Charlotte Sanford Deborah Clark Diane Correla Emily Darosa Jennifer Gudmundsson Jessica Dodge Kelly Matos Kristin Domin\*

Melissa Cutler Monica Basse Patricia Faria\* Rachel Manuels Santiago Abrill Zegarra Sergio Silva

Sharon Sussman Tania Wrigley

Intensive Care / Critical Care

Debra Ashworth Kayla Magalhaes-Costa Madeleine Lee Natasha Teixeira Rebecca Boros

Labor & Delivery / Family Center Unit

Jessica Theobald Kaitlyn Lopes Kim Vieira Melanie Mears Melissa Duclos Nicole Hayford Patricia Amarai Rosanna Roberto Laboratory

Alex Gomez\* Donna Carling Jacqueline Furtado\* Manuela Medeiros Nuclear Medicine Teri Theberge

Thomas Hughes Wayne Pires\* **Nutritional Services** Maria Dos Santos **OP Infusion Clinic** Jennifer Armando

Perioperative Services Radiology

Candy Carney\* Cristina Raposa

Christine Cahral David Frazier Elizabeth McGuire Ellen Bettencourt Gregory Newcomb Jennifer Deschenes Joanna Williams Jorge Castro Katharine Garcia Laura Mello\* Lillian McIntire Lisette Jensen Maria Benolt\* Maribel Lopez\* Marino Solitro

> Raymond Ouellette Reharra Dames Renee Morris Sabrina Wong Suzanne Clark Southeast Rehab

Mario Lopes

Ana Carvalho April Conrad Danielle Giarrusso Jessica Amorin Karen McKenna Lourdes Adhemar Mackenzie Vieira Melissa Gonsalves Shawn Arruda

Zenaida Tavares Dossantos Transport Heidi Mohamed\* - charm received

Reuben Ramaglia<sup>4</sup> **Wound Care** Becky Cestodio

Catherine Holland Jaime Bannister Lynda Pacheco Lynda Rendek Louise Guinen Susan Jesus Vanessa Platt



Gratitude





## Caregivers Getting Charmed

\* - Names that have been mentioned more than once.

#### FY24 2<sup>nd</sup> Quarter The Gratitude Report

#### **Behavioral Health**

#### **Dartmouth Site**

Carlota Duarte-Carvalho



Swansea Site Karen Lacey

#### **Westport Site**

Kelsey Okolowitcz Megan O'Brien\*

#### **Business Center**

#### Care Management



Kimberly Aldrich\* Nicole Cairrao\*

#### Health Information Management

Kristy Pimental\*

#### Service Center

Bryen Lima\* Jayrica Perry\*

Stephanie Zaccheus\* Tiffany Dozois\*

#### Cardiology

#### Cardiac Pulmonary Rehab.

Denise Gregoire Kurt Simon

#### Truesdale Cardiovascular **Imaging**

James Zurek\* Jill Kellv\*

Lindsey Gamache Lvnn Berthiaume

Mackenzie Desa Melissa Moniz\*

#### Charlton Memorial Hospital

#### Arrhythmia Clinic Cheryl Levesque

Tianna DeMedeiros

#### **Atwood 2 Telemetry Unit**

Ashley Teasdale Jamie Paiva Rachel Chuckran Talia Roos

#### Atwood 3 Unit

Cassandra Pelletier Elisabeth Ferreira Kristen Medeiros Marissa Cordeiro Sandra Caceres\*

#### Atwood 4 Unit

Kent Whitford

Michael Mahoney Rachel Rose\* Renee Labree-Pacheco

Rose Lewis Stefanie Lawrence Theresa Coogan

Labor & Delivery / Family **Center Unit** 

Karin Moniz Kim Sammis Leann Teodoro Lori Pay\*

Melissa Milhomens Stephanie Stanton Susana Ciulla-Monteiro\*

Tara Botelho Laboratory

Amanda Benevides Anastasia Macmaster Melissa Demelo

Moran 3 Unit Ana Medeiros Flizabeth Donahue Jennifer Parks

Karen Payao Sarah Bulhoes Theresa Ferreira\* Tracy Richards Victoria Ioannidis

#### Radiology

Allison Brunelle\* Brian Levesque\* Candy Carney Christine Bshara David Frazier Diane Ferreira Elizabeth Bianchini Hannah Dupont\* Jamie Vargas Joanna Williams Jorge Castro\* Lianna Bernier Lilv McIntire\* Lindsav Zaleski

Nancy Zuber\* Olivia Costa\* Raymond Ouellette Rebecca Darosa\* Renee Morris

Lisette Jensen\*

Maribel Lopez

Marino Solitro



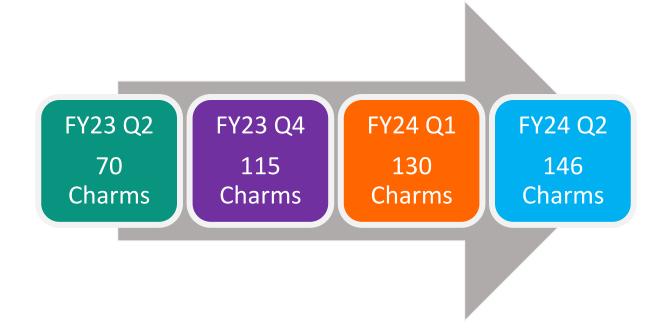
## The Southcoast Health Badge Charms







## A "Charm-ing" Evolution







## Going "Charm-ing"







## Going "Charm-ing"















## Going "Charm-ing"



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## The After Glow of "Charm-ing"

+ A Caregiver in the Emergency Department took a Picture and sent it to her mom.

+ The Pharmacy Manager was so happy that one of his staff was mentioned he did not realize that his team were on survey comments.

+ The Public Safety team were surprised that patients mentioned them by name they thought most comments about them were negative.







## Nurturing A Culture Of Ownership And Accountability.

#### + Building Trust:

When people feel appreciated, they are more likely to trust their colleagues and leaders, which enhances collaboration and accountability.

#### + Strengthening Relationships:

When leaders' express gratitude with specific examples, it illustrates appreciation. This recognition fosters a sense of ownership—caregivers feel valued and connected to the organization.

#### + Encouraging a Positive Work Environment:

A culture of gratitude creates a positive and supportive work environment. This positivity can lead to higher job satisfaction and a greater sense of responsibility towards one's work and the organization.







## Gratitude & Pathway to Excellence Program

#### **Gratitude Fosters**

- + Positive Work Environment
- + Empowerment and Engagement
- + Staff Retention and Satisfaction
- + Safety and Quality



A positive work environment leads to staff satisfaction & enhances nursing excellence and patient outcomes.





## Next Steps – Providers Making an Impact



**Southcoast** Health

**Providers with a Rating of Provider Score of 100** 

Recognizing our Providers from the Southcoast Physicians Group (SPG) that do More.





## Next Steps – Providers Making an Impact

Southcoast Health
Providers with a Rating of Provider Score of 100









## **Key Takeaways**





#### Gratitude -



#### **Transforms The Patient Experience:**

Caregivers look forward to coming to work because they feel valued. Job satisfaction and collaboration soar. eel appreciated, their performance soars. Gratitude reinforces their sense of purpose and validates their efforts.



#### Boosts Employee Performance and Motivation:

When caregivers feel appreciated, their performance soars. Gratitude reinforces their sense of purpose and validates their efforts.



#### **Enhances Well-Being and Reduces Stress:**

Grateful caregivers experience improved well-being. They're more resilient, less stressed, and better equipped to handle challenges.





## Questions



At Southcoast Health we are all caregivers.

We are More than medicine!





## Questions?

Please submit your questions using the Q&A icon.

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# Upcoming Events & Programs

#### **WEBINARS**

September 12 | A More Human Way to Listen, Understand, and Improve

September 17 | Headliner - New Ways to Care presented by Maureen Bisognano

September 24 | Applying Equity, Diversity, and Inclusion in Co-design with Patient

Experience Partners

October 1 | Ownership at the Frontline: Innovating an Experience Champions Program

#### CONNECTION CALLS/CHATS

September 11 | Patient Advocacy Community Connection Call: Disruptive Behavior

Response Plan

September 20 | PX Chat on PFA/PFACS: Sustaining/Growing

September 27 | PX Connect Live - Wayfinding



Access our vast library of on demand patient experience webinars.

Webinars are included in membership with the Institute.



